

3. Ecstatic Zikr

Melody

La il - la ha i la - 'llah - Hu

Guitar

Standard guitar;
Capo up 3 frets
and play:

T 8 10 13 13 10 8 7 5
A / / / / / / / /
B / / / / / / / /

concert pitch: cm B \flat A \flat E \flat B \flat cm B \flat fm

Gtr.

capo up 3 frets: am G F C G am G dm

Music and movements: Munir Peter Reynolds

Movements: Holding hands facing center, one step per beat, 4 steps back beginning on the left foot on "La illa ha", and 4 steps in beginning on the right foot on "ila 'llah hu".

The intensity of the music builds with the guitar part and drone strings as dancers are allowed to deepen in the zikr phrase. After a time the leader then introduces spinning in place to the right for 2 measures and spinning to the left for 2 measures, then returning to the in/out movements. For the spins the chords printed above the melody are used. After the spins are introduced, the number of repetitions of the in/out movements before turns are again introduced are at the discretion of the zikr leader. Close attunement of leader, musicians and dancers are needed in order to sense when the spins are about to be repeated. The zikr may end with dancers standing close with arms around singing the melody with chord accompaniment.

Notes to guitarist: The music begins with the guitar part (played on strings 3 and 4) with the balance of the strings allowed to ring as a drone. The music begins subtly and builds in intensity. When the zikr leader signals the start of the spinning movements, the chords are introduced. From that point onward, the written chords only occur on the spinning movements. Chords written on the lower staff assume a capo placed on fret #3.

