DANCES OF UNIVERSAL PEACE
DANCING HEARTS WINTERLY RETREAT
IN-PERSON JANUARY 14 - 17 2022

The Dances of Universal Peace are a sacred community practice that engages the heart, body and mind, and sparks upliftment and transformation. This retreat is a unique Dance Camp incorporating many dance leaders and inspiring mutual learning and growth in a positive and encouraging atmosphere.

Our guest teacher, Sheikh Gayan Gregory Long, is an acclaimed drummer, composer, leader of the Dances of Universal Peace, spiritual mentor, retreat leader, and story teller. He has dedicated his life to awakening human potential through music, devotional practices, pith teachings, and community celebration. Gayan is a direct disciple of Pir Shabda Kahn. He has shared the Dances worldwide and led retreats with some of the foremost spiritual leaders of our time. Gayan has released two albums: Padma Thunder and When Two or More are Gathered.

Nurlatifa Brenda Crane and Yarrow Nelson are local Certified Dance leaders, who will weave the retreat as program directors. Yarrow has been a dance leader for 35 years and is known for his wise and gentle presence. Nurlatifa shares her deep attunement, loving presence and clarity and is also a Sufi Guide. They will incorporate sharing from many Dance leaders and will be facilitating mentoring workshops.

Covid Precautions: See registration form.

Cost: Before Dec 20: $180 to $330, depending on lodging (see registration form)

What to Bring: Bedding (sleeping bag or sheets and warm blankets to put on bed mattresses), pillow, ear plugs, towel, -flashlight, and musical instruments. Please come prepared for cold January nights.

When: Check-in starts at 5:00 pm on Friday, Jan 17, and ends after lunch on Monday, Jan. 20

Registration: Freesia Raine: (831) 469-0679 peacedances@freesiaraine.com

Program information: Brenda Nur Latifa Crane: (805) 717-1933; brcrane3@gmail.com
Yarrow Nelson: (805) 460-6892 yarrownelson@gmail.com